


# Quality indicators for the care and outcomes of adults with atrial fibrillation

**Task Force for the development of quality indicators in atrial fibrillation of the European Heart Rhythm Association (EHRA) of the European Society of Cardiology (ESC): Developed in collaboration with the Heart Rhythm Society (HRS), the Asia Pacific Heart Rhythm Society (APHRS), and the Latin-American Heart Rhythm Society (LAHRS)**

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<b>Aims</b>	To develop quality indicators (QIs) that may be used to evaluate the quality of care and outcomes for adults with atrial fibrillation (AF).
<b>Methods and results</b>	We followed the ESC methodology for QI development. This methodology involved (i) the identification of the domains of AF care for the diagnosis and management of AF (by a group of experts including members of the ESC Clinical Practice Guidelines Task Force for AF); (ii) the construction of candidate QIs (including a systematic review of the literature); and (iii) the selection of the final set of QIs (using a modified Delphi method). Six domains of care for the diagnosis and management of AF were identified: (i) Patient assessment (baseline and follow-up), (ii) Anticoagulation therapy, (iii) Rate control strategy, (iv) Rhythm control strategy, (v) Risk factor management, and (vi) Outcomes measures, including patient-reported outcome measures (PROMs). In total, 17 main and 17 secondary QIs, which covered all six domains of care for the diagnosis and management of AF, were selected. The outcome domain included measures on the consequences and treatment of AF, as well as PROMs.
<b>Conclusion</b>	This document defines six domains of AF care (patient assessment, anticoagulation, rate control, rhythm control, risk factor management, and outcomes), and provides 17 main and 17 secondary QIs for the diagnosis and management of AF. It is anticipated that implementation of these QIs will improve the quality of AF care.
<b>Keywords</b>	Atrial fibrillation • Quality indicators • Outcome measures

## Abbreviations

AF	atrial fibrillation
EORP	EURObservational Research Programme
ESC	European Society of Cardiology
INR	international normalized ratio
LV	left ventricle
LVEF	left ventricular ejection fraction
PRISMA	Preferred Reporting Items for Systematic Review and Meta-Analyses
PROMs	patient-reported outcome measures
PVs	pulmonary veins
QI	quality indicator
QoL	quality of life
RCT	randomized controlled trial

## Introduction

Atrial fibrillation (AF) is a key public health challenge and a major source of morbidity, mortality, and economic burden for governments worldwide.<sup>1</sup> Despite progress in the management of patients with AF, this arrhythmia is still a major cause of stroke, heart failure, and cardiovascular morbidity and mortality globally.<sup>2</sup> Additionally, AF is associated with cognitive impairment,<sup>3–5</sup> reduced quality of life (QoL),<sup>6,7</sup> depression,<sup>8</sup> and frequent hospital admissions.<sup>9–11</sup> The magnitude of the economic burden of AF is increasing, mainly driven by AF-related complications and management costs, particularly those associated with hospitalizations.<sup>2,12,13</sup>

Data from the EURObservational Research Programme in AF (EORP-AF) found that adherence to guideline-recommended therapies in the treatment of AF is associated with lower mortality,<sup>14</sup> yet large variability persists in the delivery of such therapies across Europe.<sup>15,16</sup> To improve the implementation of evidence-based medicine,<sup>17</sup> some professional organizations have developed quality standards, clinical indicators, and quality measures to evaluate and improve

the quality of AF care.<sup>18–21,22</sup> However, no AF quality indicators (QIs) have been specifically designed for the wider international community.

Hence, the European Heart Rhythm Association (EHRA), in collaboration with the Asian Pacific Heart Rhythm Society (APHRS), the Heart Rhythm Society (HRS), and the Latin-American Heart Rhythm Society (LAHRS), established the AF QI Working Group, which was tasked with the development of QIs for the diagnosis and management of adults with AF. It is hoped that these QIs can serve as a mechanism to improve the quality of AF care, and be used by healthcare providers to evaluate care delivery at the patient, centre, and national levels.

To enhance the translation of guideline recommendations into clinical practice and give healthcare providers the tools to identify opportunities for improvement, a summary of the AF QIs has been embedded in the 2020 ESC Clinical Practice Guidelines for AF.<sup>23</sup> Efforts were made to ensure alignment between the developed QIs and the ESC Guidelines for AF, which may differ from recommendations developed by other professional organizations.

## Methods

The detailed methodology for the development of QIs for the quantification of cardiovascular care and outcomes for the ESC Clinical Practice Guidelines is published separately.<sup>24</sup> This methodology consists of a four-step process: identification of the key domains of care; construction of candidate indicators; selection of a final QI set; and undertaking of a feasibility assessment. In this document, we have identified important domains of AF care, and developed QIs for each domain. The development process involved conducting a systematic review of the literature, and using a modified Delphi method<sup>25</sup> to derive the final set of QIs and divide them into main and secondary QIs. The next step would be to conduct a feasibility assessment of the developed QIs using existing AF registries.<sup>24</sup>

Quality indicators may be divided into structural, process, and outcome indicators.<sup>26</sup> For each proposed QI, we provided relevant specifications, including numerator, denominator, measurement period, and measurement duration. However, no care settings were suggested, because the proposed QIs are applicable in both the inpatient and outpatient care. It is, thus, important to determine locally the clinical setting

during which QIs are applied in order to ensure the same processes of care are evaluated between healthcare providers.

## Members of the Working Group

The Working Group comprised members of the ECG Clinical Practice Guidelines Task Force, as well as international experts in AF management, patients with AF, and representatives from patient organizations. Six domains of AF care were defined: (i) Patient assessment (baseline and follow-up), (ii) Anticoagulation therapy, (iii) Rate control strategy, (iv) Rhythm control strategy, (v) Risk factor management, and (vi) Outcomes measures, including patient-reported outcome measures (PROMs). The names, affiliations, and conflicts of interest of the AF QIs Working Group are provided in [Supplementary material, Appendix 1](#).

## Systematic review

### Search strategy

We conducted a systematic review of the published literature in accordance with the Preferred Reporting Items for Systematic Review and Meta-Analyses (PRISMA) statement<sup>27,28</sup> ([Supplementary material, Appendix 2](#)). We searched two online bibliographic databases: MEDLINE and Embase via OVID®. The initial search strategy was developed in MEDLINE using keywords and, when available, Medical Subject Headings (Mesh) based on three main terms: 'atrial fibrillation', 'quality indicators', and 'outcome measures' ([Supplementary material, Appendix 3](#)). The final search strategies were then developed using an iterative process, which also included citations search, grey literature, and a hand search of the reference lists of the selected studies.

We included randomized controlled trials (RCTs) and observational studies, including local, national, and international registries. We excluded systematic reviews, meta-analyses, editorial letters, and conference proceedings. We only included the main publications of major trials and registries from which our search obtained only their sub-studies. The search was restricted to full-text articles published in the English language with a publication date between 1 January 2014 and 5 October 2019, to capture QIs and outcome measures for AF from contemporary practice.

### Eligibility criteria

We included articles that fulfilled the following criteria: (i) the study population was adult patients ( $\geq 18$  years old) with AF, (ii) the study explicitly stated at least one QI or outcome measure to define best practice for AF diagnosis and/or management, (iii) the study provided specifications for the QI or outcome measure (e.g. definition, data collection source, method of reporting), (iv) RCT or registry, and (v) full-text publication. No restrictions were applied to the presence of, or the type of, intervention or comparison in the study.

### Study selection

A reference manager software (Zotero) was used for duplicates removal and data management. Two authors (Suleman Aktaa and Elena Arbelo) independently examined the abstracts of the studies retrieved from the search against the inclusion criteria. Disagreements were resolved through discussion and review of the full text of the article when required.

### Data extraction

The full texts of the included studies were independently reviewed by two authors (Suleman Aktaa and Elena Arbelo). All QIs relevant to the agreed six domains of AF care, namely: (i) Patient assessment (baseline and follow-up), (ii) Anticoagulation therapy, (iii) Rate control strategy, (iv) Rhythm control strategy, (v) Risk factor management, and (vi) Outcomes measures (including PROMs) were extracted and listed on an

Excel spreadsheet. When available, the following information was obtained for the extracted QIs: definition (including numerator, denominator, and exclusions), objective, type of QI (structural, process, outcome, or PROM), domain of application, and potential data collection source.

## Clinical practice guidelines and existing QIs

In addition to the systematic review outlined earlier, we reviewed relevant clinical practice guidelines and existing QIs from different professional organizations ([Table 1](#)). The goal of the clinical practice guidelines review was to identify the recommendations with the strongest association with benefit or harm and to assess these recommendations against the ESC criteria for QIs ([Table 2](#)).<sup>24</sup> Additionally, existing publications on QIs for patients with AF were also reviewed and, when applicable, information about the feasibility and/or validity of these measures was obtained.

## Data synthesis

### Candidate QIs

A list of candidate QIs was derived from the aforementioned systematic review and classified into structural, process, or outcome measures depending on the aspect of care being measured<sup>26</sup>. For each QI, a detailed definition was provided in order to facilitate the evaluation process.

### Modified Delphi process

We used the modified Delphi process<sup>25, 29</sup> to evaluate the candidate QIs and arrive at the final set of QIs. Instructions on the voting process, including QIs criteria ([Table 2](#)) were sent to the Working Group before the vote. All measures were independently graded by each member of the Group using the SurveyMonkey platform. Three rounds of voting were conducted, with a teleconference after each round to discuss the results of the vote. In the first voting round, we used a 9-point ordinal scale, where ratings of 1 to 3 signified that the QI was not valid; ratings of 4 to 6 meant that the QI was of uncertain validity; and ratings of 7 to 9 indicated that the QI was valid. Candidate QIs were included if  $\geq 75\%$  of the Working Group members ranked them between 7 and 9, and were excluded if  $\geq 75\%$  of the Working Group members ranked them between 1 and 3. Indicators that did not fall in the two categories above were carried forward to the second voting round, where a 3-point scale (should not be included, maybe, and should be included) was implemented, but the same percentage agreement ( $\geq 75\%$  of the Working Group members) cut-off was used. The final round comprised a binary, 'yes' or 'no' questionnaire to obtain the Working Group members' agreement on the proposed final set of QIs.

## Results

### Search results

The literature search retrieved 2954 articles, of which 441 met the inclusion criteria ([Figure 1](#)). These articles were used to extract a total of 352 candidate QIs (17 related to structure, 162 to process, and 173 related to outcomes) before the first voting round. Of these 34 QIs (19 related to process and 15 related to outcomes) were selected by the end of the second round ([Table 3](#)). Over 93% of the Working Group members agreed on this final set of QIs in the third voting round.

The domains for AF care identified by the Working Group were: (i) Patient assessment (baseline and follow-up), (ii) Anticoagulation therapy, (iii) Rate control strategy, (iv) Rhythm control strategy, (v) Risk factor management, and (vi) Outcome measures (including PROMs). For each domain, main, and for some secondary, QIs have been developed. [Figure 2](#) shows the main QIs according to their

**Table 1** Existing clinical practice guidelines and QIs used during the development process

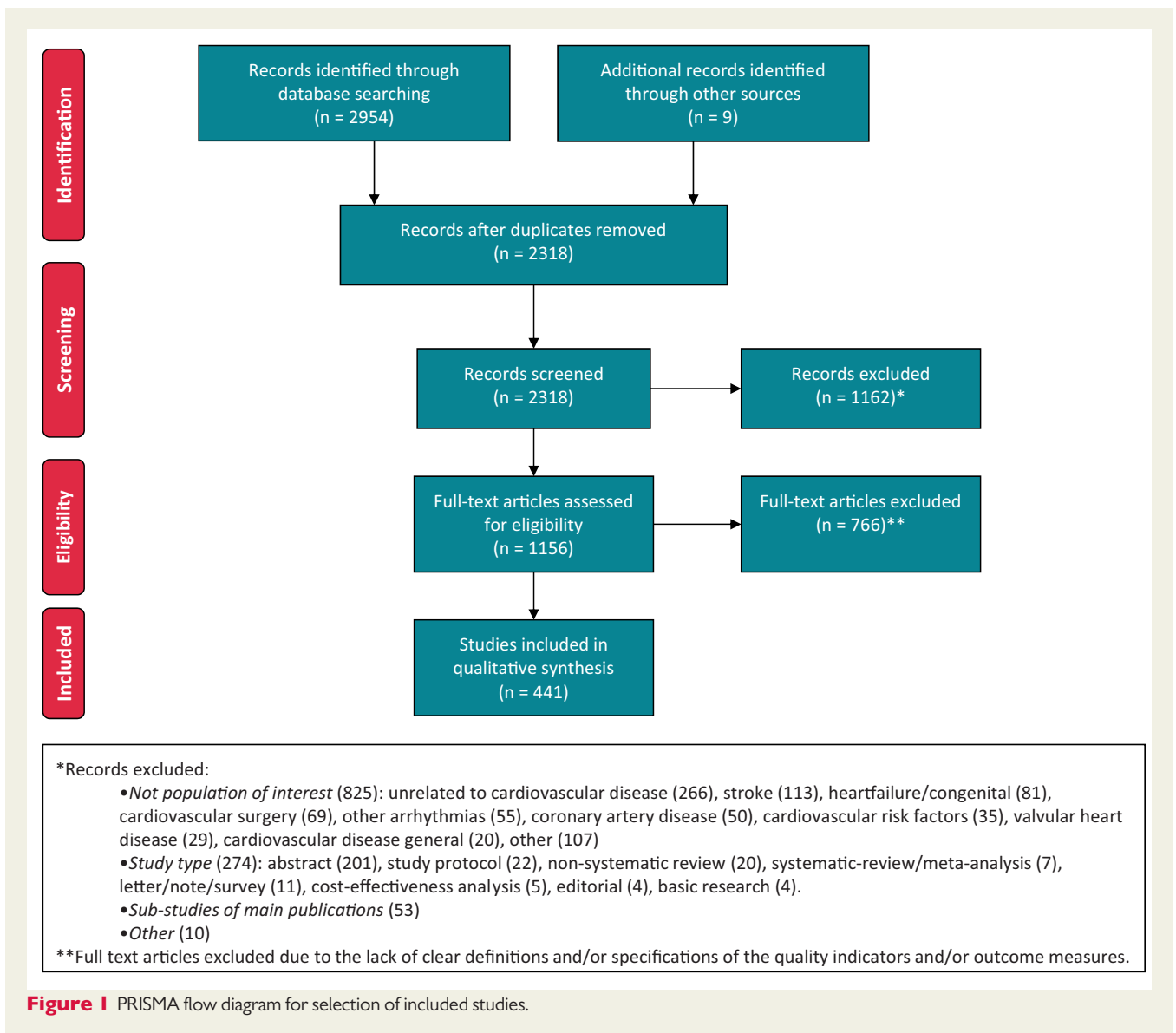
Organization	Type	Year	Country/Region
ESC Guideline for the management of patients with atrial fibrillation <sup>23</sup>	Clinical Practice Guidelines	2020	Europe
ICHOM international standard set of outcome measures for patients with atrial fibrillation <sup>134</sup>	QIs	2020	Worldwide
AHA/ACC/HRS focused update of the 2014 AHA/ACC/HRS Guideline for the management of patients with atrial fibrillation <sup>31</sup>	Clinical Practice Guidelines	2019	United States
Canadian quality indicators for atrial fibrillation and atrial flutter <sup>20</sup>	QIs	2019	Canada
Harmonized outcome measures for use in atrial fibrillation patient registries and clinical practice <sup>154</sup>	QIs	2019	United States
ACC/AHA clinical performance and quality measures for adults with atrial fibrillation or atrial flutter <sup>18</sup>	QIs	2016	United States
ESC Guidelines for the management of atrial fibrillation developed <sup>2</sup>	Clinical Practice Guidelines	2016	Europe
NICE atrial fibrillation quality standard <sup>21</sup>	QIs	2015	United Kingdom
AHA/ACC/HRS Guidelines for the management of patients with atrial fibrillation <sup>30</sup>	Clinical Practice Guidelines	2014	United States

QI, quality indicators; AHA, American Heart Association; ACC, American College of Cardiology; ESC, European Society of Cardiology; ICHOM, International Consortium for Health Outcomes Measurement; NICE, National Institute for Care and Health Excellence.

**Table 2** Criteria for the development and evaluation of the ESC quality indicators for cardiovascular disease

Domain	Criteria
Importance	<p>QI reflects a clinical area that is of high importance (e.g. common, major cause for morbidity, mortality, and/or health-related quality of life impairment).</p> <p>QI relates to an area where there are disparities or suboptimal care.</p> <p>QI implementation will result in an improvement in patient outcomes.</p> <p>QI may address appropriateness of medical interventions.</p>
Evidence base	<p>QI is based on an acceptable evidence consistent with contemporary knowledge.</p> <p>QI aligns with the respective ESC Clinical Practice Guideline recommendations.</p>
Specification	<p>QI has a clearly defined patient group to whom the measurement applies (denominator), including explicit exclusions.</p> <p>QI has clearly defined accomplishment criteria (numerator).</p>
Validity	<p>QI is able to correctly assess what it is intended to, adequately distinguishes between good and poor quality of care, and compliance with the indicator would confer health benefits.</p>
Reliability	<p>QI is reproducible even when data is extracted by different people, and estimates of performance on the basis of available data are likely to be reliable and unbiased.</p>
Feasibility	<p>QI may be identified and implemented with reasonable cost and effort.</p> <p>Data needed for the assessment is (or should be) readily available and easily extracted within an acceptable time frame.</p>
Interpretability	<p>QI is interpretable by healthcare providers, so that practitioners can understand the results of the assessment and take actions accordingly.</p>
Actionability	<p>QI is influential to the current practice, where a large proportion of the determinants of adherence to the QI, are under the control of healthcare providers.</p> <p>This influence of QI on behaviour will likely improve care delivery.</p> <p>QI is unlikely to cause negative unintended consequences.</p>

QI, quality indicator.



respective domain of care. The full set of main and secondary QIs, alongside their definitions, proposed measurement period (the time point at which the assessment is performed), measurement duration (the time frame needed for enough cases to be collected), and when applicable, the corresponding ESC Clinical Practice Guidelines recommendations are illustrated in APPENDIX 4. For each QI, a unique code was developed using the domain number and indicating whether the QI is main or secondary.

## Quality indicators

### Domain 1: Patient assessment (baseline and follow-up)

Stroke prevention is the cornerstone of the AF patient management pathway, and 'avoid stroke/anticoagulation' is the 'A' of the ABC pathway<sup>32</sup>, within the 2020 ESC guidelines<sup>23</sup>.

Stroke risk in AF is not homogeneous and depends on the presence of various stroke risk factors<sup>33</sup>. The CHA<sub>2</sub>DS<sub>2</sub>-VASc score is recommended to assess stroke risk where the default should be to offer stroke prevention, unless the patient is low risk; hence use the

#### 01MQI1: Proportion of patients with cardio-embolic risk assessment using CHA<sub>2</sub>DS<sub>2</sub>-VASc score

**Numerator:** Number of patients with AF who have their CHA<sub>2</sub>DS<sub>2</sub>-VASc score documented at the time of diagnosis and at every follow-up appointment.

**Denominator:** Number of patients with AF.

#### 01MQI2: Proportion of patients with bleeding risk assessment using a validated method, such as the HAS-BLED score

**Numerator:** Number of patients with AF who have their bleeding risk assessment documented at the time of diagnosis and at every follow-up appointment using a validated bleeding risk score.

**Denominator:** Number of patients with AF.

#### 01MQI3: Proportion of patients with a measurement of their serum creatinine (or creatinine clearance)

**Numerator:** Number of patients with AF who have their serum creatinine checked at the time of diagnosis and at every follow-up appointment.

**Denominator:** Number of patients with AF.



**Table 3** Primary (green) and secondary (yellow) quality indicators for AF diagnosis and management

Code	Quality indicators
<b>Domain 01: Patient assessment (at baseline and follow-up)</b>	
01MQ11	Proportion of patients with cardio-embolic risk assessment using CHA <sub>2</sub> DS <sub>2</sub> -VASc score
01MQ12	Proportion of patients with bleeding risk assessment using a validated method, such as the HAS-BLED score
01MQ13	Proportion of patients with a measurement of their serum creatinine (or creatinine clearance)
01SQ11	Proportion of people ≥65 years of age with risk factors for AF who have pulse check
01SQ12	Proportion of patients with AHREs detected on implantable cardiac devices who undergo further cardiovascular evaluation
01SQ13	Proportion of cryptogenic stroke patients who have been screened for AF
01SQ14	Proportion of patients with an ECG documentation of AF
01SQ15	Proportion of patients who have been engaged in shared decision making when deciding treatment strategy
<b>Domain 02: Anticoagulation</b>	
02MQ11	Proportion of patients who are appropriately prescribed anticoagulation according to CHA <sub>2</sub> DS <sub>2</sub> -VASc score*
02MQ12	Proportion of patients with a CHA <sub>2</sub> DS <sub>2</sub> -VASc score of 0 for men and 1 for women who are inappropriately prescribed long-term anticoagulation
02MQ13	Proportion of patients with 'appropriate anticoagulation' at every follow-up visit, defined as: c. TTR**≥70% for vitamin-K antagonist. d. Appropriate dose for NOAC according to manufacturer recommendations.
<b>Domain 03: Rate control</b>	
03MQ11	Proportion of patients with permanent AF (i.e. where no attempt to restore sinus rhythm is planned), who are inappropriately prescribed antiarrhythmic drugs
03SQ11	Proportion of patients with LVEF<40% who are inappropriately prescribed non-dihydropyridine calcium-channel blockers
<b>Domain 04: Rhythm control</b>	
04MQ11	Proportion of patients with structural heart disease who are inappropriately prescribed class IC antiarrhythmic drugs
04MQ12	Proportion of patients with end-stage kidney disease who are inappropriately prescribed dofetilide or sotalol
04MQ13	Proportion of patients with symptomatic paroxysmal or persistent AF who are offered AF catheter ablation after failure of, or intolerance to, one class I or class III antiarrhythmic drug
04SQ11	Proportion of patients with complete electrical isolation of the PVs during AF catheter ablation procedures
04SQ12	Proportion of patients with new-onset persistent AF who are offered cardioversion
<b>Domain 05: Risk factor management</b>	
05MQ11	Proportion of patients who have their modifiable risk factors identified
<b>Domain 06: Outcomes</b>	
<b>Sub-domain 06.1: Consequences of the disease</b>	
06.1MQ11	Annual rate of all-cause mortality***
06.1MQ12	Annual rate of ischaemic stroke or transient ischaemic attack***
06.1SQ11	Annual rate of cardiovascular mortality***
06.1SQ12	Annual rate of cardiovascular hospitalization***
06.1SQ13	Annual rate of overall thrombo-embolic event***
06.1SQ14	Annual rate of clinician-reported symptom status assessment
<b>Sub-domain 06.2: Consequences of treatment</b>	
06.2MQ11	Annual rate of life-threatening or major bleeding events
06.2MQ12	Annual rate of procedure-related 30-day mortality
06.2MQ13	Annual rate of procedure-related major complications or drug-related serious adverse events
06.2SQ11	Annual rate of haemorrhagic stroke
<b>Sub-domain 06.3: Patient-reported outcomes</b>	
06.3MQ11	Proportion of patients with health-related quality of life assessment
06.3SQ11	Proportion of patients with patient-reported symptom status assessment
06.3SQ12	Proportion of patients with physical function assessment
06.3SQ13	Proportion of patients with emotional well-being (including anxiety and depression) assessment
06.3SQ14	Proportion of patients with cognitive function assessment

AF, atrial fibrillation; AHRE, atrial high-rate episodes; CHA<sub>2</sub>DS<sub>2</sub>-VASc, Congestive heart failure, Hypertension, Age ≥75 years, Diabetes mellitus, Stroke, Vascular disease, Age 65–74 years, Sex category (female); ECG, electrocardiogram; HAS-BLED, Hypertension, Abnormal renal/liver function, Stroke, Bleeding history or predisposition, Labile INR, Elderly (>65 years), Drugs/alcohol concomitantly; LVEF, left ventricular ejection fraction; NOAC, non-vitamin K antagonist oral anticoagulants; PVs, pulmonary veins; TTR, time in therapeutic range.

\*Appropriateness of anticoagulation prescription is defined as CHA<sub>2</sub>DS<sub>2</sub>-VASc score of ≥1 for men and ≥2 for women in the 2020 ESC Guidelines<sup>23</sup>. The 2014 ACC/AHA Guidelines (and 2019 focused update) define anticoagulation prescription appropriateness and CHA<sub>2</sub>DS<sub>2</sub>-VASc score of ≥2 for men and ≥3 for women<sup>30,31</sup>.

\*\*TTR calculated using Rosendaal method.

\*\*\*Crude and risk-adjusted rates (risk adjustment should, as a minimum, consider age, sex, and comorbidities).



**Figure 2** Domains of AF care with their respective main quality indicators. AAD, antiarrhythmic drug; AF, atrial fibrillation; CA, catheter ablation; ESRD, end-stage renal disease; HRQoL, health-related quality of life; NOAC, non-vitamin K antagonist oral anticoagulant; OAC, oral anticoagulants; TTR, time in therapeutic range; TIA, transient ischaemic attack.

CHA<sub>2</sub>DS<sub>2</sub>-VASc score to initially define low risk patients (CHA<sub>2</sub>DS<sub>2</sub>-VASc score 0 in males, 1 in females) who do not need antithrombotic therapy (indicator 01MQ11). The subsequent step is to offer stroke prevention in those with 1 or more risk factors (CHA<sub>2</sub>DS<sub>2</sub>-VASc score ≥1 in males, ≥2 in females). Since stroke risk is dynamic, and influenced by ageing and incident risk factors, risk reassessment should occur at every follow-up visit<sup>34</sup>.

Bleeding risk changes over time as well and should also be assessed at every patient contact, initially to identify modifiable bleeding risks that should be mitigated, and to identify the 'high bleeding risk' patient who should be scheduled for early follow-up<sup>35</sup> (indicator 01MQ12).

Based on a Patient-Centered Outcomes Research Institute (PCORI) systematic review and evidence appraisal, the best validated bleeding risk score is the HAS-BLED score<sup>36</sup>. While stroke and bleeding risks track each other, the evidence shows that a formal bleeding risk score (HAS-BLED) is superior to stroke risk scores (e.g. CHADS<sub>2</sub>, CHA<sub>2</sub>DS<sub>2</sub>-VASc) for assessing bleeding risk<sup>37,38</sup>. A strategy for dynamic bleeding risk assessment using the HAS-BLED score has been shown to reduce bleeding risk and to increase oral anticoagulation (OAC) use<sup>39</sup>.

Given that renal function has implications for both stroke and bleeding risk<sup>40</sup>, as well as prescriptions of OAC (choice of agent and dose),

**01SQ11: Proportion of people  $\geq 65$  years of age with risk factors for AF who have pulse check**

**Numerator:** Number of people  $\geq 65$  years of age with risk factors for AF who have a documentation of pulse check (or ECG) to identify rhythm.

**Denominator:** Number of people  $\geq 65$  years of age with risk factors for AF.

**01SQ12: Proportion of patients with atrial high-rate episodes (AHREs) detected on implantable cardiac devices who undergo further cardiovascular evaluation**

**Numerator:** Number of patients with AHREs detected on implantable cardiac devices who have documentation of complete cardiovascular evaluation.

**Denominator:** Number of patients with atrial high-rate episodes detected on implantable cardiac devices.

**01SQ13: Proportion of cryptogenic stroke patients who have been screened for AF**

**Numerator:** Number of patients with cryptogenic stroke\* who have documentation of AF screening using continuous ECG recording.

**Denominator:** Number of patients with cryptogenic stroke with no previous history of AF.

**01SQ14: Proportion of patients with an ECG documentation of AF**

**Numerator:** Number of AF patients with documentation of an ECG confirming AF diagnosis.

**Denominator:** Number of AF patients.

**01SQ15: Proportion of patients who have been engaged in shared decision making when deciding treatment strategy**

**Numerator:** Number of AF patients with a documentation of patient engagement when deciding treatment strategy.

**Denominator:** Number of AF patients.

regular measurements of serum creatinine or creatinine clearance (based on the Cockcroft-Gault formula) are needed, the frequency of which is determined by the renal function at baseline<sup>41</sup> (indicator 01MQ13).

Asymptomatic AF is associated with a higher risk of stroke and mortality compared with symptomatic AF. An observational study indicated that the application of standard care treatments for subclinical AF detected on screening improves outcomes<sup>45</sup>, and a systematic review and economic analysis suggested that screening programmes for AF are likely to represent a cost-effective use of resources<sup>46</sup>. Thus, screening for AF amongst people  $\geq 65$  years of age by checking their pulse may have therapeutic implications as these individuals need to be considered for thromboprophylaxis (indicator 01SQ11).

To that end, atrial high-rate episodes (AHRE) detected by implanted cardiac devices, which may represent asymptomatic AF, should be investigated<sup>47,48</sup>. Ideally, AHRE detection should be performed at every device interrogation, including home monitoring transmission as it determines whether or not subclinical AF is confirmed and whether anticoagulation and/or regular follow-up is warranted<sup>23</sup> (indicator 01SQ12). Furthermore, the detection of previously unknown AF following a stroke has relevant implications for secondary prevention<sup>49,50</sup>. Thus, it is recommended to screen for AF following a cryptogenic stroke<sup>23,52–54</sup> (indicator 01SQ13).

However, screening for AF should be accompanied by confirming the diagnosis by traditional means, such as by 12-lead ECG or  $>30$  s recording of a single-lead ECG, Holter monitor, or event recorder (indicator 01SQ14). Following the diagnosis, a dialogue between treating physician and patient to ensure patient involvement in decision making is recommended<sup>23,54</sup>. Thus, the indicator 01SQ15 captures shared decision making when deciding on the treatment strategy.

**Domain 2: Anticoagulation**

Oral anticoagulation is an essential part of AF management, and the ESC 2020 Guidelines recommend oral anticoagulation for stroke prevention in males with CHA<sub>2</sub>DS<sub>2</sub>-VASc scores of  $\geq 1$ , and in females with scores of  $\geq 2$ <sup>23</sup>. Accordingly, it is important that a set of QIs to regularly assess the proportion of patients with CHA<sub>2</sub>DS<sub>2</sub>-VASc score  $\geq 1$  in males,  $\geq 2$  in females who are offered stroke prevention (indicator 02MQ11), as well as the inappropriate use of long-term antithrombotic therapy in low risk patients (CHA<sub>2</sub>DS<sub>2</sub>-VASc score 0 in males, and 1 in females) (indicator 02MQ12).

Assessment of the quality of anticoagulation is also important. If patients are taking a non-vitamin K antagonist oral anticoagulant (NOAC), the label-adherent dose of the respective NOAC should

**02MQ11: Proportion of patients who are appropriately prescribed anticoagulation according to CHA<sub>2</sub>DS<sub>2</sub>-VASc score\*\***

**Numerator:** Number of patients with AF who have CHA<sub>2</sub>DS<sub>2</sub>-VASc score of  $\geq 1$  for men and  $\geq 2$  for women and are prescribed anticoagulation for AF.\*\*

**Denominator:** Number of patients with AF who have CHA<sub>2</sub>DS<sub>2</sub>-VASc score of  $\geq 1$  for men and  $\geq 2$  for women and are eligible for anticoagulation, with no contraindication or refusal.\*\*

**02MQ12: Proportion of patients with a CHA<sub>2</sub>DS<sub>2</sub>-VASc score of 0 for men and 1 for women who are inappropriately prescribed long-term anticoagulation**

**Numerator:** Number of patients with AF who have CHA<sub>2</sub>DS<sub>2</sub>-VASc score of 0 for men and 1 for women and are inappropriately prescribed long-term anticoagulation for AF.

**Denominator:** Number of patients with AF who have CHA<sub>2</sub>DS<sub>2</sub>-VASc score of 0 for men and 1 for women and do not have other indication for anticoagulation.

**02MQ13: Proportion of patients with 'appropriate anticoagulation' at every follow-up visit, defined as:**

- a. Time in therapeutic range TTR $\geq 70\%$  for vitamin-K antagonist.
- b. Appropriate dose for NOAC according to manufacturer recommendations.\*\*\*

**Numerator:** Number of patients with AF who have appropriate anticoagulation defined as TTR $\geq 70\%$  for vitamin-K antagonist, and appropriate dose for NOAC according to manufacturer recommendations.\*\*\*

**Denominator:** Number of patients with AF on anticoagulation.

\*\*Appropriateness of anticoagulation prescription is defined as CHA<sub>2</sub>DS<sub>2</sub>-VASc score of  $\geq 1$  for men and  $\geq 2$  for women in the 2020 ESC Guidelines. The 2014 ACC/AHA Guidelines (and 2019 focused update) define anticoagulation prescription appropriateness and CHA<sub>2</sub>DS<sub>2</sub>-VASc score of  $\geq 2$  for men and  $\geq 3$  for women.<sup>23,30,31</sup>

\*\*\*Manufacturer recommendations are defined in APPENDIX 5.



be prescribed and the proportion appropriately dosed is indicative of quality of care. Regular audits should be performed to ensure that under- or over-dosing of the respective NOAC does not occur, given the association with worse outcomes<sup>55–57</sup> (indicator 02MQI3). Oral anticoagulation can also be offered as a well-managed vitamin K antagonist (VKA) (e.g. warfarin, acenocoumarol, phenprocoumon, etc.), with a high ( $\geq 70\%$ ) time in therapeutic range (TTR) calculated using the Rosendaal method, with international normalized ratio (INR) 2.0–3.0. High TTR has been associated with low rates of stroke and bleeding, as well as reduced mortality<sup>58–60</sup>. Thus, the proportion of patients with TTR  $\geq 70\%$  is a good QI of anticoagulation control for patients on VKA.

### Domain 3: Rate control

Rate control is an integral part of AF management, and may be sufficient to improve AF-related symptoms<sup>61</sup>. In patients for whom a decision has been made not to restore or maintain sinus rhythm (permanent AF), rate control can be achieved by rate-limiting medications (e.g. beta-blockers, digoxin, diltiazem, or verapamil). The use of antiarrhythmic drugs, such as amiodarone, dronedarone, or sotalol for rate control is not recommended when no attempt to restore sinus rhythm is planned<sup>62–65</sup> (indicator 03MQI1).

The use of certain types of rate control drugs, such as non-dihydropyridine calcium-channel blockers can influence outcomes in patients with heart failure and/or left ventricular ejection fraction (LVEF) of  $\leq 40\%$ <sup>9,66</sup>. Thus the indicator 03SQI1 evaluates the inappropriate use of non-dihydropyridine calcium-channel blockers in AF patients with concomitant reduced LVEF<sup>67</sup>.

#### 03MQI1: Proportion of patients with permanent AF (i.e. where no attempt to restore sinus rhythm is planned), who are inappropriately prescribed antiarrhythmic drugs<sup>§</sup>

**Numerator:** Number of patients with permanent AF who are prescribed one or more antiarrhythmic drugs<sup>§</sup> for rhythm control.

**Denominator:** Number of patients with permanent AF.

#### 03SQI1: Proportion of patients with LVEF $<40\%$ who are inappropriately prescribed non-dihydropyridine calcium-channel blockers

**Numerator:** Number of patients with AF who have LVEF $<40\%$  and/or decompensated heart failure, and are inappropriately prescribed non-dihydropyridine calcium-channel blockers.

**Denominator:** Number of patients with AF who have LVEF $<40\%$  and/or decompensated heart failure.

### Domain 4: Rhythm control

Rhythm control therapy is central for the reduction and/or relief of AF symptoms and improvement of patients' quality of life (QoL). Given that the safety profile of an antiarrhythmic agent is a major determinant of treatment choice, the Working Group selected QIs based on this notion. Certain antiarrhythmic drugs have major contraindications that increase the likelihood of adverse events, such as the presence of structural heart disease (for instance, ischaemic heart disease, LV dysfunction, and/or significant cardiomyopathy) for class IC antiarrhythmic

#### 04MQI1: Proportion of patients with structural heart disease who are inappropriately prescribed class IC antiarrhythmic drugs

**Numerator:** Number of patients with AF who have structural heart disease and are inappropriately prescribed class IC antiarrhythmic drugs.

**Denominator:** Number of patients with AF who have structural heart disease.

#### 04MQI2: Proportion of patients with end-stage kidney disease who are inappropriately prescribed dofetilide or sotalol

**Numerator:** Number of patients with AF who have end-stage kidney disease and/or on dialysis<sup>§§</sup> and are inappropriately prescribed dofetilide or sotalol.

**Denominator:** Number of patients with AF who have end-stage kidney disease, including patients on dialysis.

#### 04MQI3: Proportion of patients with symptomatic paroxysmal or persistent AF who are offered AF catheter ablation after failure of, or intolerance to, one class I or class III antiarrhythmic drug

**Numerator:** Number of patients with paroxysmal or persistent AF who are offered catheter ablation after the failure of, or intolerance to, one class I or class III antiarrhythmic drug.

**Denominator:** Number of patients with paroxysmal or persistent AF with no contraindications (or refusal) to catheter ablation who remain symptomatic on, or intolerant to, one class I or class III antiarrhythmic drug.

#### 04SQI1: Proportion of patients with complete electrical isolation of the PVs during AF catheter ablation procedures

**Numerator:** Number of patients with AF who have complete electrical isolation (entrance and exit block) of the PVs during AF catheter ablation procedures.

**Denominator:** Number of patients with AF treated with catheter ablation procedures.

#### 04SQI2: Proportion of patients with new-onset persistent AF who are offered cardioversion

**Numerator:** Number of patients with new-onset persistent AF who are haemodynamically stable and are offered cardioversion.

**Denominator:** Number of patients with new-onset persistent AF who are haemodynamically stable and in whom attempts to restore sinus rhythm were deemed appropriate.

drugs (indicator 04MQI1), and advanced chronic kidney disease for dofetilide and sotalol (indicator 04MQI2) (REF ESC 2020 GLs).

Catheter ablation is effective in maintaining sinus rhythm and improving symptoms in patients with AF<sup>68–80</sup>. Ablation is generally recommended in symptomatic patients after failure or intolerance to one class I or class III antiarrhythmic drugs (indicator 04MQI3). Several factors may influence the decision between conservative and invasive treatment for AF, including age, AF duration, left atrial size, comorbidities, and substrate visualization by cardiac magnetic resonance<sup>81–87</sup>. Ultimately, patient preference supported by treating physician recommendation are the main determinants of the type of rhythm control strategy employed<sup>23,30</sup>.

A QI to assess the complete electrical isolation (entrance and exit block) of the pulmonary veins (PVs) during AF catheter ablation procedures (indicator 04SQI1) was developed given that this is the desired outcome of AF ablation<sup>69,73,74,88–99</sup>. In addition, the indicator 04SQI2 assesses the consideration of cardioversion for patients with new-onset persistent AF.

### Domain 5: Risk factor management

The Working Group considered the role of risk factors in AF and developed a QI accordingly (indicator 05MQI1). Recent research has highlighted the potential benefits of risk factor management as upstream non-invasive therapy to lower the risk of AF progression and recurrence<sup>100–106</sup>. A large proportion of these risk factors are lifestyle related and, therefore, are amenable to be targeted and modified<sup>107</sup>. It is recommended that in the assessment of AF patients, practitioners actively evaluate and document these modifiable risk factors, such as smoking, obesity<sup>100,102,108</sup>, physical inactivity<sup>109–111</sup>, alcohol intake<sup>105,112–114</sup>, sleep<sup>115</sup> apnoea<sup>116,117</sup>, hypertension<sup>115,118,119</sup>, and poor glycaemic control<sup>120</sup>. Where necessary, appropriate education, support, and intervention (e.g. smoking cessation options, continuous positive airway pressure (CPAP), exercise prescription, etc.) can be provided to the patient to address the risk factors that may improve health outcomes.

#### 05MQI1: Proportion of patients who have their modifiable risk factors identified

**Numerator:** Number of patients with AF who have their modifiable risk factors (e.g. blood pressure, obesity, obstructive sleep apnoea, alcohol excess, lack of exercise, poor glycaemic control, and smoking) identified.

**Denominator:** Number of patients with AF.

### Domain 6: Outcome measures

#### Consequences of the disease

Reducing the risk of death is one of the primary aims of AF management, and healthcare in general<sup>23</sup>. As such, annual assessment of crude and risk-adjusted rates of all-cause mortality is recommended (indicator 06.1MQI1). Risk adjustment should, as a minimum, consider age, sex, and comorbidities. In addition, the inclusion of lifestyle factors (e.g. smoking status, body mass index, physical activity, and alcohol intake) provides a better insight to the adjustment process. Given that ischaemic stroke is a major complication of AF and, that most AF patients (CHA<sub>2</sub>DS<sub>2</sub>-VASc score of  $\geq 1$  in men and  $\geq 2$  in women) will be eligible for stroke prevention, the overall and risk-adjusted annual incidence of stroke and, separately, transient ischaemic attack should be recorded as a QI (indicator 06.1MQI2). Other outcomes measures, which may provide an illustration of the quality of AF care, include the rate of cardiovascular mortality (indicator 06.1SQI1), cardiovascular hospitalization (indicator 06.1SQI2), overall thrombo-embolic events (indicator 06.1SQI3), and clinician-reported AF symptom status (indicator 06.1SQI4).

In the ABC pathway of AF management mentioned earlier, the 'B' component pertains to 'better' symptom management<sup>33</sup>. Many AF patients may not be overtly symptomatic. However, assessment of

#### 06.1MQI1: Annual rate of all-cause mortality\*

**Numerator:** Number of patients with AF who died during the measurement duration.

**Denominator:** Number of patients with AF.

#### 06.1MQI2: Annual rate of ischaemic stroke or transient ischaemic attack\*

**Numerator:** Number of patients with AF who had documented ischaemic stroke or transient ischaemic attack during the measurement duration.

**Denominator:** Number of patients with AF.

\*Crude and risk-adjusted rates (risk adjustment should, as a minimum, consider age, sex, and comorbidities).

#### 06.1SQI1: Annual rate of cardiovascular mortality\*

**Numerator:** Number of patients with AF who died from cardiovascular cause during the measurement duration.

**Denominator:** Number of patients with AF.

#### 06.1SQI2: Annual rate of cardiovascular hospitalization\*

**Numerator:** Number of patients with AF who had unplanned hospitalization for a cardiovascular cause during the measurement duration.

**Denominator:** Number of patients with AF.

#### 06.1SQI3: Annual rate of overall thromboembolic events\*

**Numerator:** Number of documented AF-related thrombo-embolic events during the measurement duration.

**Denominator:** Number of patients with AF.

#### 06.1SQI4: Annual rate of clinician-reported symptom status assessment

**Numerator:** Number of patients with AF who had their clinician-reported symptom status assessed using a validated tool (e.g. EHRA symptom score) during the measurement duration.

**Denominator:** Number of patients with AF.

\*Crude and risk-adjusted rates (risk adjustment should, as a minimum, consider age, sex, and comorbidities).

AF-related symptoms can be a useful subjective measure of both the clinical consequences of AF and the success of rate- and rhythm control treatment from the patients' perspective. Using a validated method, such as the modified European Heart Rhythm Association (EHRA) score<sup>121</sup> is recommended to assess symptom status (indicator 06.1SQI4).

### Complications of treatment

OAC treatment conveys an increased risk of major bleeding. However, bleeding complications can also occur in the absence of OAC treatment<sup>122</sup>. The incidence of life-threatening or major bleeding events, defined by the International Society of Thrombosis and Haemostasis criteria<sup>123,124</sup>, should be reported annually as a QI (indicator 06.2MQI1). The annual rate of haemorrhagic stroke is of particular importance (indicator 06.2SQI1) and should be documented as a QI.

**06.2MQI1: Annual rate of life-threatening or major bleeding events<sup>&</sup>**

**Numerator:** Number of patients with AF on anticoagulation who had documented life-threatening or major bleeding events during the measurement duration.

**Denominator:** Number of patients with AF on anticoagulation.

**06.2MQI2: Annual rate of procedure-related<sup>&&</sup> 30-day mortality**

**Numerator:** Number of patients with AF who died due to an invasive procedure for AF management during the measurement duration.

**Denominator:** Number of patients with AF treated with invasive procedures.

**06.2MQI3: Annual rate of procedure-related<sup>&&</sup> major complications or drug-related serious adverse events<sup>§</sup>**

**Numerator:** Number of patients with AF who had documented major procedural complications and/or drug-related serious adverse events during the measurement duration.

**Denominator:** Number of patients with AF.

**06.2SQI1: Annual rate of haemorrhagic stroke**

**Numerator:** Number of patients with AF who had documented haemorrhagic stroke during the measurement duration.

**Denominator:** Number of patients with AF on anticoagulation.

AF procedure-related deaths occurring within the first 30 days following catheter-based ablation, surgical ablation procedure, hybrid catheter and surgical ablation, left atrial appendage closure/occlusion (device), left atrial appendage ligation/excision (surgical), electrical cardioversion, or pacemaker implantation, should be reported annually as a QI (indicator 06.2MQI2). Furthermore, any procedure-related major complication or drug-related serious adverse event, defined as any untoward medical occurrence that results in death, life-threatening outcomes, hospitalization (initial inpatient hospitalization or prolongation of existing hospitalization for  $\geq 24$  h), or permanent injury, should be reported in real-time according to local or national policy, and annually as a marker of quality (indicator 06.2MQI3). Although a single QI is suggested for procedural complications (e.g. atrio-oesophageal fistula, cardiac tamponade, PV stenosis, phrenic nerve palsy, etc.), and drug-related adverse events (e.g. arrhythmias, sudden cardiac death, etc.), individual events may be collected in each centre for local monitoring and between-centre comparisons.

**Patient-reported outcomes**

PROMs are important determinants of the patients' perceived quality and success of treatment<sup>125–127</sup>. The 2020 ESC Guidelines recommend that patient-reported outcomes should be routinely collected to measure treatment success and improve patient care<sup>23</sup>. Health-related quality of life (HRQoL) is considered the main QI and should be assessed at baseline and at follow-up visits (indicator 06.3MQI1).

Several validated tools are available to measure general HRQoL<sup>128</sup> [e.g. the Short-Form 12 (SF-12)]<sup>129</sup>, while others specifically measure AF-specific HRQoL<sup>130</sup> [e.g. the Atrial Fibrillation Effect on QualiTy of

**06.3MQI1: Proportion of patients with health-related quality of life assessment**

**Numerator:** Number of patients with AF who have their health-related quality of life assessed at the time of diagnosis and least annually afterwards using a validated instrument.

**Denominator:** Number of patients with AF.

**06.3SQI1: Proportion of patients with patient-reported symptom status assessment**

**Numerator:** Number of patients with AF who have their patient-reported symptom status assessed at the time of diagnosis and least annually afterwards using a validated instrument.

**Denominator:** Number of patients with AF.

**06.3SQI2: Proportion of patients with physical function assessment**

**Numerator:** Number of patients with AF who have their physical function assessed at the time of diagnosis and at every follow-up appointment using a validated instrument.

**Denominator:** Number of patients with AF.

**06.3SQI3: Proportion of patients with emotional well-being (including anxiety and depression) assessment**

**Numerator:** Number of patients with AF who have their emotional well-being (including anxiety and depression) assessed at the time of diagnosis and at every follow-up appointment using a validated instrument.

**Denominator:** Number of patients with AF.

**06.3SQI4: Proportion of patients with cognitive function assessment**

**Numerator:** Number of patients with AF who have their cognitive function assessed at the time of diagnosis and at least annually afterwards using a validated instrument.

**Denominator:** Number of patients with AF.

life (AFEQT) or the Atrial Fibrillation Severity Scale (AFSS)]<sup>131–134</sup>. Both the SF-12 and the AFEQT are validated, psychometrically robust assessments of HRQoL, and are recommended by the International Consortium of Healthcare Outcome Measures (ICHOM) for AF<sup>135</sup>. Regardless of which validated tool is employed, it is important that the same PROM is used consecutively to assess HRQoL to permit temporal comparison of scores and allow the determination of response to treatment.

Determining the impact of AF and its treatment on the patient are important considerations in the management of AF and may contribute to patient and healthcare provider decisions regarding continuation/cessation of certain treatments and/or initiating alternatives. In addition to HRQoL, the assessment of other PROMs, such as patient-reported symptom status (indicator 06.3SQI1), physical functioning (indicator 06.3SQI2), emotional well-being (indicator 06.3SQI3), and cognitive function (indicator 06.3SQI4), could also be considered. The assessment of HRQoL, patient-reported symptom status, physical functioning, and emotional well-being is recommended at baseline and once to twice annually, while the assessment of cognitive function is recommended at baseline and annually thereafter, given that it may show little variation over a shorter period of time. Validated tools, such as those recommended by the ICHOM for AF<sup>135</sup> (PROMIS Global Health for physical and emotional well-being, and PROMIS for cognitive function) can be used.

### Comparison with other quality metrics

Table 4 shows a comparison between the 2020 ESC QIs for AF and quality metrics from other professional organizations, such as the American College of Cardiology and the American Heart Association (ACC/AHA), the National Institute for Health and Care Excellence (NICE), the Canadian Cardiovascular Society (CCS), and ICHOM. There are major differences between the process QIs proposed here, and those developed by ACC/AHA, NICE, and CCS. These differences may be explained by the variation in clinical practice guidelines endorsed by different societies and/or local needs to address certain gaps in AF care. Outcome QIs were relatively similar compared to those proposed by ICHOM.

## Discussion

Evaluating the quality of care delivered and measuring meaningful outcomes of both the condition and its treatment have become an essential element of modern healthcare<sup>136</sup>. AF is the most common cardiac arrhythmia, affecting 2–4% of the population, and is a major cause of significant morbidity<sup>137</sup>. Although evidence suggests that adherence to guideline-recommended therapies for AF is associated with improved outcomes<sup>138,139</sup>, data from AF registries continue to show room for improvement and significant geographical variation in AF quality of care and outcomes<sup>57,58,140–153</sup>. QIs have been developed to evaluate the quality of AF care<sup>18,20,21,154,155</sup>. Furthermore, QIs provide the mechanism to assess the effectiveness of quality improvement initiatives<sup>156</sup>. However, standardized measures to facilitate ongoing efforts to quantify the adherence to guidelines are needed.

The present document is the first effort undertaken by the ESC to develop a set of QIs to assess the quality of care for patients with AF. Using the ESC methodology for QIs development<sup>24</sup>, we have established a comprehensive set of QIs for AF care, which are supported by evidence and underpinned by expert consensus. Thus, they provide tools to quantify the quality of AF care and can be used as a basis for quality improvement. The simultaneous development of the ESC AF QIs and the ESC Clinical Practice Guidelines for AF facilitated seamless incorporation of QIs within the guidelines document. As such, a summary form of the developed QIs is embedded within the ESC Clinical Practice Guidelines for AF, with the hope of enhancing their dissemination and, therefore, uptake into clinical practice<sup>23</sup>.

This document is the result of an international collaboration (12 countries) from seven professional societies/associations with a Working Group consisting of a wide range of stakeholders, including patients. In addition, the application of ESC criteria ensured that developed QIs are not only based on evidence, but also cover broad aspects of AF care where there is a gap in care delivery, potential for quality improvement, and the availability of reliable data collection sources. To that end, different types of QIs including structural, process, and outcome indicators<sup>26</sup> were included in the initial set of candidate QIs.

The Working Group, however, considered structural QIs, such as the volume of catheter ablation cases for centres and individual operators not to be directly under the control of healthcare providers. Thus, structural QIs, although important, were given less priority compared with other process QIs that may influence providers'

behaviour and practice, and were not included in the final set of indicators. Other QIs, such as the reintroduction of OAC after a severe bleeding event, once the condition leading to the bleeding event has been appropriately addressed<sup>59,157</sup>, and the use of strict versus lenient rate control treatment<sup>158</sup>, were proposed in the initial set of candidate QIs, but were deemed difficult to operationalize, and, thus, were not included.

Conversely, and to emphasize that improving outcomes is the ultimate aim of a quality of care assessment (Figure 1), particular attention was given to outcome QIs. The term 'outcome measures' was used separately and in different variations in the systematic review search strategy (APPENDIX 3). The outcome QIs selected are applicable to all domains of AF care, and are in line with the recent ICHOM recommendations<sup>159</sup>.

One important type of outcome QIs is PROMs, which are increasingly used in everyday practice. Although a structured methodology for developing and reporting PROMs exists<sup>159</sup>, there is uncertainty around the best instruments to collect such measures. By defining specific PROMs and recommending tools for their measurement, the Working Group hopes to promote PROMs use in a systematic manner. However, developing outcome QIs to measure the results of PROMs assessment, as well as their temporal trends may not be feasible in contemporary practice. Thus, process QIs to measure and encourage PROMs assessment were developed instead.

The Working Group acknowledges that high-quality evidence supporting PROMs use is limited, widely accepted tools to collect them are lacking, and little experience exists on how PROMs can guide AF treatment decisions. The same argument can be levelled at shared decision making in AF management. However, these aspects of AF care were deemed essential by the Working Group, thus QIs for PROMs and shared decision making were developed.

The patient's perspective is a fundamental element of optimal AF care given that most therapies are aimed at improving patients' symptoms, well-being, and overall QoL. Measuring patient-centred outcomes in a standardized way may allow comparison of performance, enable clinicians to learn from each other, and improve the care we provide to our patients. However, further validation of the tools and methods used to collect the patient's perspective in routine clinical practice is needed. As such, these tools may be used to guide the development of, and the effect of, treatment strategies for AF patients.

The methodology used for the selection of QIs has limitations. We relied on expert opinion to arrive at the final set of QIs following the comprehensive systematic review of the literature. A different panel of experts may have selected different QIs. We addressed this challenge by using the modified Delphi method, and by involving AF specialists with different areas of expertise, as well as patients and representatives from AF patient associations.

Another challenge is that, if considered in isolation, QIs may cause some unintended consequences, such as anticoagulation prescription for patients with very high bleeding risk or recommending catheter ablation for frail patients with major risk factors for AF recurrence. We have sought to circumvent this issue by clearly defining eligible patients for each QI and specifying relevant exclusions. The suggested QIs are intended to drive holistic patient assessments and tailor treatments to individual patients to improve patient care. More refinement of these QIs and/or their definitions may be needed in the future when more 'real-world' and feasibility data become available.

**Table 4 Comparison between the 2020 ESC AF QIs and the ACC/AHA, NICE, CCS, and ICHOM indicators for AF<sup>a</sup>**

Domain	2020 ESC QIs	2016 ACC/AHA	2017 NICE	2019 CCS	2020 ICHOM
Patient assessment (at baseline and follow-up)	CHA <sub>2</sub> DS <sub>2</sub> -VASc score risk assessment	Green	Green	Green	Green
	Bleeding risk assessment		Green		
	Serum creatinine		Green		
	Screening people ≥65 years of age with risk factors for AF		Green		
	Evaluating AHREs detected on implantable cardiac devices				
	Screening for AF after cryptogenic stroke				
	ECG documentation of AF diagnosis				
Anticoagulation	Shared decision making when deciding treatment strategy	Orange			
	Anticoagulation with CHA <sub>2</sub> DS <sub>2</sub> -VASc score ≥1 for men and ≥2 for women	Orange			
	Inappropriate anticoagulation with CHA <sub>2</sub> DS <sub>2</sub> -VASc score 0 for men and 1 for women				
Rate control	Appropriate anticoagulation (TTR≥70% or appropriate NOAC dose)	Orange			
	Inappropriate AAD use for patients with permanent AF	Green	Green		
Rhythm control	Inappropriate non-dihydropyridine CCBs use for patients with LVEF<40%	Green			
	Inappropriate class IC AAD use for patients with structural heart disease				
	Inappropriate dofetilide or sotalol use for patients with end-stage kidney disease	Green			
	Offering CA for symptomatic paroxysmal or persistent AF after single AAD failure				
	Complete PVs electrical isolation during all AF CA procedures				
Risk factor management	Cardioversion for patients with new-onset AF				
Outcome: consequences of the disease	Identifying modifiable risk factors for AF patients				
	Rate of all-cause mortality		Green		Green
	Rate of ischaemic stroke or TIA		Green		Green
	Rate of CV mortality		Green		Green
	Rate of CV hospitalization		Green		Green
	Rate of overall thrombo-embolic event		Green		Green
Outcome: consequences of treatment	Rate of clinician-reported symptom status assessment		Green		Green
	Rate of life-threatening or major bleeding events			Green	Green
	Rate of procedure-related 30-day mortality			Green	Green
	Rate of procedure-related major complications or drug-related serious adverse events			Orange	Green
Outcome: patient-reported outcomes	Rate of haemorrhagic stroke		Green		Green
	Assessment of health-related quality of life				Green
	Assessment of patient-reported symptom status				Green
	Assessment of physical function				Green
	Assessment of emotional well-being (including anxiety and depression)				Green
	Assessment of cognitive function				Green

AAD, antiarrhythmic drug; ACC, American College of Cardiology; AF, atrial fibrillation; AHA, American Heart Association; AHRE, atrial high-rate episodes; CA, catheter ablation; CCB, calcium-channel blockers; CCS, Canadian Cardiovascular Society; CV, cardiovascular; ECG, electrocardiogram; ESC, European Society of Cardiology; ICHOM, International Consortium of Healthcare Outcome Measures, LVEF, left ventricular ejection fraction; NICE, National Institute for Health and Care Excellence; NOAC, non-vitamin K oral anticoagulant; PVs, pulmonary veins; QI, quality indicator; TIA, transient ischaemic attack; TTR, time in therapeutic range.

<sup>a</sup>Green colour represents measures with similar definition; orange represents measures with different definitions; and white represents no corresponding measure.



It is hoped that the developed set of QIs can be used in a wider quality assessment and improvement initiatives. As such, integration between different efforts (e.g. the ESC Clinical Practice Guidelines and registries), can be achieved and performance gaps addressed. Ongoing projects, such as the European Unified Registries On Heart care Evaluation And Randomized Trials (EuroHeart) of the ESC<sup>160</sup> or the Stroke prevention and rhythm control Therapy: Evaluation of an Educational Programme of the European Society of Cardiology in a cluster-randomized trial in patients with Atrial Fibrillation (STEEER-AF) study<sup>161,164</sup> may favour the use of systematically developed QIs for future AF registries in Europe, which this statement uniquely provides.

## Conclusion

This document defines six domains of AF care (patient assessment, anticoagulation, rate control, rhythm control, risk factor management, and outcomes), and provides 17 main and 17 secondary QIs for AF diagnosis and management. For each QI, relevant specifications were described to enhance their use in practice. The recommended set of QIs may facilitate the implementation of, and assess the adherence to, clinical practice guidelines and enable institutions to monitor, compare, and improve quality of care in patients with AF.

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